

# Lewis Central Student Assistance Program

## Community Resources

**United Way Info and Referral** ..... call 211

### **DRUG/ALCOHOL TREATMENT**

- Heartland Family Service.....712-322-1407
- Alegant Health Mercy Hospital.....712-328-5311
- Catholic Charities.....712-328-3086
- Journeys.....402-898-4135
- Teen Challenge.....402-551-2322
- Jackson Recovery Centers.....712-234-2300
- Youth & Shelter Services (Ames).....515-233-4930
- Narcotics/Alcoholics Anonymous.....712-328-9979

### **MENTAL HEALTH TREATMENT**

- Catholic Charities.....712-328-3086
- Heartland Family Service.....712-322-1407
- Alegent Psychiatric Associates.....712-328-2609
- Choices Counseling and Consulting.....712-328-3700
- Horizon Therapy Group.....712-256-7511
- Family Connections.....712-256-4420
- Center for Healing and Hope.....712-256-9660
- Therapy Works..... 712-323-2747
- Psychiatric Associates.....712-323-4478
- Lutheran Family Services (parenting) 712-242-1040
- Youth Emergency Services (YES).....402-505-6922

## **INPATIENT PSYCHIATRIC FACILITIES**

Jennie Edmundson Hospital.....712-396-6044  
Mercy Hospital.....712-328-5311  
Immanuel (Omaha).....402-572-3444

## **AREA SHELTERS**

Pott County Homeless Link.....712-309-0016  
MOHMS Place (Men).....712-322-7570  
Phoenix House (domestic abuse).....712-256-2059  
MICAHA House (individuals,families).....712-323-4416  
Lydia House (Women and Children).....402-422-1111  
Open Door Mission (all).....402-422-1111

## **HOUSING**

Municipal Housing Authority.....712-322-6931  
Family Housing Advisory Services.....712-322-4443  
Heartland Homes.....712-435-5360

## **CLOTHING**

Care and Share.....712-323-4889  
Community of Christ.....712-328-8122  
MOHM's Thrift Store.....712-256-4607  
American Red Cross (Emergency).....712-322-4017  
Heartland Family Service Career Closet.....402-734-3000  
MICAHA House (Career Closet).....712-323-4416

## **LEGAL HELP**

Iowa Legal Aid.....800-532-1275  
Youth Law Hotline.....800-728-1172  
Child Support Services.....888-229-9223

Pott County Attorney.....712-328-5649  
Court Appointed Special Advocates (CASA- children).....402-932-5683

**FOOD PANTRY/ASSISTANCE**

Salvation Army.....712-328-2088  
Care and Share.....712-323-4889  
Community of Christ.....712-328-8122  
Broadway Methodist Church.....712-322-7741  
Sonshine Food Pantry.....712-322-4705  
WIC Program.....712-328-5886  
Dept of Human Services(food stamps)...712-328-5661  
MOHM's Place (meal site).....712-322-7570

**ENERGY ASSISTANCE**

Black Hills Energy.....888-890-5554  
MidAmerican Energy Co.....888-427-5632  
MUD (Omaha).....402-504-7000  
OPPD (Omaha).....402-636-2000

**FINANCIAL ASSISTANCE**

Interfaith Response.....712-322-0531  
Salvation Army.....712-328-2088  
American Red Cross.....712-322-4017  
Pott County Homeless Link.....712-309-0016  
Pott County General Relief.....712-322-1407

**TRANSPORTATION**

Medicaid Assisted Trans.....712-256-9566  
Checker Cab.....712-256-3399  
Special Transit Service.....712-328-4634  
United Way Info and Referral.....call 211

**EMERGENCY**

**Emergency- Fire, Police, Ambulance.....911**  
**Pottawattamie County Sheriff.....712-890-2200**  
**Council Bluffs Police.....712-328-4701**  
**Council Bluffs Fire/Rescue.....712-328-4672**  
**Omaha Police.....402-444-5600**  
**Omaha Fire/Rescue.....402-444-5700**  
**Non-Emergency.....712-328-5737**

**HOSPITALS**

**Alegant Health Mercy Hospital.....712-328-5000**  
**Jennie Edmundson Hospital.....712-396-6000**  
**Children’s Hospital Omaha.....402-955-5400**

**PUBLIC HEALTH**

**CB Department of Public Health.....712-328-4666**  
**Iowa Department of Public Health.....866-227-9878**  
**Ridge Family Practice PC (CB).....866-343-4655**  
**West Broadway Clinic.....877-847-9715**

**MEDICAL SERVICES**

**CB Community Health Center.....712-325-1990**  
**Department of Human Services.....712-328-5661**  
**Pott County General Relief.....712-328-5867**  
**Pott County Health Department.....712-328-3990**  
**Phoenix House (sexual assault).....712-256-2059**  
**Visiting Nurse Association.....712-328-2636**

**EMPLOYMENT SKILLS/SERVICES**

**Uptown Staffing.....712-329-0900**  
**Iowa Workforce Development.....712-242-2100**

Vocational Rehab.....712-328-3821  
Labor Ready.....712-322-4477  
Job Corps Information Services.....800-733-5627

**SEXUALITY/PREGNANCY**

Family, Inc. Maternal Health ..... 712-256-9566  
Birthright.....712-322-2100  
Gabriel’s Corner CPC.....712-323-7756  
Planned Parenthood.....712-322-7985  
Catholic Charities.....712-328-3086  
Bethany Christian Services.....712-352-0222  
P-FLAG.....402-291-6781  
Phoenix House (sexual assault).....712-256-2059  
Youth Emergency Services (YES).....402-505-6922

**HOTLINES**

Iowa Concern Hotline.....800-447-1985  
National Lifeline Network (suicide prevention).800-784-2433  
Girls and Boys Town Hotline.....800-448-3000  
Child Protective Services.....712-328-4875  
Children’s Square.....712-322-3700  
Teen Line.....800-443-8336  
Iowa Domestic Violence Hotline.....800-942-0333  
Alcoholics Anonymous.....712-328-9979

**WEB-BASED RESOURCES:**

countyconnection.org  
cbparksandrec.org  
heartlandfamilyservice.org

