United Way Info and Referral .............. call 211

**DRUG/ALCOHOL TREATMENT**

Heartland Family Service.......................712-322-1407
Alegant Health Mercy Hospital.............712-328-5311
Catholic Charities..............................712-328-3086
Journeys........................................402-898-4135
Teen Challenge................................402-551-2322
Jackson Recovery Centers...................712-234-2300
Youth & Shelter Services (Ames)...........515-233-4930
Narcotics/Alcoholics Anonymous.........712-328-9979

**MENTAL HEALTH TREATMENT**

Catholic Charities..............................712-328-3086
Heartland Family Service.......................712-322-1407
Alegant Psychiatric Associates.............712-328-2609
Choices Counseling and Consulting....712-328-3700
Horizon Therapy Group.........................712-256-7511
Family Connections..............................712-256-4420
Center for Healing and Hope...............712-256-9660
Therapy Works..................................712-323-2747
Psychiatric Associates.......................712-323-4478
Lutheran Family Services (parenting) 712-242-1040
Youth Emergency Services (YES)...........402-505-6922
INPATIENT PSYCHIATRIC FACILITIES

Jennie Edmundson Hospital......................712-396-6044
Mercy Hospital..................................................712-328-5311
Immanuel (Omaha)..........................402-572-3444

AREA SHELTERS

Pott County Homeless Link..................712-309-0016
MOHMS Place (Men)..........................712-322-7570
Phoenix House (domestic abuse)........712-256-2059
MICAH House (individuals,families).....712-323-4416
Lydia House (Women and Children).....402-422-1111
Open Door Mission (all).................402-422-1111

HOUSING

Municipal Housing Authority..................712-322-6931
Family Housing Advisory Services.........712-322-4443
Heartland Homes..............................712-435-5360

CLOTHING

Care and Share........................................712-323-4889
Community of Christ..............................712-328-8122
MOHM’s Thrift Store..............................712-256-4607
American Red Cross (Emergency)...........712-322-4017
Heartland Family Service Career Closet....402-734-3000
MICAH House (Career Closet)..............712-323-4416

LEGAL HELP

Iowa Legal Aid.............................................800-532-1275
Youth Law Hotline.................................800-728-1172
Child Support Services.........................888-229-9223
Pott County Attorney.............................................712-328-5649
Court Appointed Special Advocates (CASA- children).................................402-932-5683

**FOOD PANTRY/ASSISTANCE**

Salvation Army............................................712-328-2088
Care and Share............................................712-323-4889
Community of Christ.................................712-328-8122
Broadway Methodist Church...................712-322-7741
Sonshine Food Pantry..............................712-322-4705
WIC Program............................................712-328-5886
Dept of Human Services(food stamps)...712-328-5661
MOHM’s Place (meal site).......................712-322-7570

**ENERGY ASSISTANCE**

Black Hills Energy.....................................888-890-5554
MidAmerican Energy Co........................888-427-5632
MUD (Omaha)........................................402-504-7000
OPPD (Omaha)........................................402-636-2000

**FINANCIAL ASSISTANCE**

Interfaith Response.................................712-322-0531
Salvation Army........................................712-328-2088
American Red Cross.................................712-322-4017
Pott County Homeless Link....................712-309-0016
Pott County General Relief......................712-322-1407

**TRANSPORTATION**

Medicaid Assisted Trans.........................712-256-9566
Checker Cab............................................712-256-3399
Special Transit Service.........................712-328-4634
United Way Info and Referral...............call 211
EMERGENCY

Emergency- Fire, Police, Ambulance..................911
Pottawattamie County Sheriff...............712-890-2200
Council Bluffs Police..................712-328-4701
Council Bluffs Fire/Rescue...............712-328-4672
Omaha Police.................................402-444-5600
Omaha Fire/Rescue..........................402-444-5700
Non-Emergency.............................712-328-5737

HOSPITALS

Alegant Health Mercy Hospital.........712-328-5000
Jennie Edmundson Hospital............712-396-6000
Children’s Hospital Omaha.............402-955-5400

PUBLIC HEALTH

CB Department of Public Health...........712-328-4666
Iowa Department of Public Health.......866-227-9878
Ridge Family Practice PC (CB).........866-343-4655
West Broadway Clinic....................877-847-9715

MEDICAL SERVICES

CB Community Health Center............712-325-1990
Department of Human Services.........712-328-5661
Pott County General Relief...............712-328-5867
Pott County Health Department........712-328-3990
Phoenix House (sexual assault).......712-256-2059
Visiting Nurse Association..............712-328-2636

EMPLOYMENT SKILLS/SERVICES

Uptown Staffing..............................712-329-0900
Iowa Workforce Development.............712-242-2100
Vocational Rehab..................................................712-328-3821
Labor Ready..................................................712-322-4477
Job Corps Information Services..............800-733-5627

SEXUALITY/PREGNANCY
Family, Inc. Maternal Health .......... 712-256-9566
Birthright........................................712-322-2100
Gabriel’s Corner CPC..........................712-323-7756
Planned Parenthood............................712-322-7985
Catholic Charities....................................712-328-3086
Bethany Christian Services.................712-352-0222
P-FLAG........................................402-291-6781
Phoenix House (sexual assault)............712-256-2059
Youth Emergency Services (YES)........402-505-6922

HOTLINES
Iowa Concern Hotline.........................800-447-1985
National Lifeline Network (suicide prevention).800-784-2433
Girls and Boys Town Hotline...............800-448-3000
Child Protective Services.....................712-328-4875
Children’s Square...............................712-322-3700
Teen Line........................................800-443-8336
Iowa Domestic Violence Hotline...........800-942-0333
Alcoholics Anonymous........................712-328-9979

WEB-BASED RESOURCES:
    countyconnection.org
    cbparksandrec.org
    heartlandfamilyservice.org